

## 1 John 1:5 says, "This is the message we have heard from Him and declare to you: God is light; in Him there is no darkness at all."

We too are filled with light because God lives inside of our hearts.

Jesus also said to his followers in John 8:12, "I am the light of the world. Whoever follows me will never walk in darkness but will have the light of life."

## Let's Reflect



Write down or draw 3 areas in your life that show you are being light. **Pray for God to strengthen those areas!** 

2

Think of any areas you are not being light. Pray, commit and ask God to help you fix those areas!